

## YOUR RESPONSIBILITIES: (Check List)

- Pack a Sack Lunch & Snacks for Wednesday's Drive to the Campground.**
  - Sleeping Bag rated down to 30 degrees – It can get cold at night. **(Necessity)**  
Campground elevation is 4,000+ feet.
  - (A knit hat, like a ski cap or polar fleece winter hat will help keep your body warm)
  - Metal or Plastic Cup & Plate, Eating Utensils **(Clearly Mark With Your Name)**
  - 1 Wire Clothes Hanger (Roasting Marshmallows/Making Smores & Breadsticks)
  - Ground Cover - Plastic Tarp (to put under tent)
  - Closed Foam Pad (ensolite pad) or Insulating Pad -- **(Strongly Recommended)**
  - Tent – Optional (Set it up at home first – make sure you have all the parts)
  - Camp or Sand Chair **(Recommended)**
  - 2 extra pairs of socks
  - Long pair of pants and shorts
  - Sweat pants to pull over shorts **(Strongly Recommended)**
  - 2 extra light shirts or t-shirts
  - Extra underwear
  - Jacket, sweater or sweatshirt (It can snow in summer)
  - Cap with sun visor **(Necessity)**
  - Sunglasses **(Necessity)**
  - 1 extra Pair of Tennis Shoes or water shoes (You need an extra pair)
  - Swimsuit and Towel
  - Toothbrush and Toothpaste
  - Suntan Lotion - Sunscreen for Face (SFP 15 or Higher w/UVA & UVB Protection)
  - Flashlight with fresh batteries & a set of extra batteries **(Necessity)**
  - Day Pack for hikes - **(Necessity)**
  - 1 Qt. water container for Day Hikes **(Necessity)**
  - Small Disposable Camera
  - Toilet Paper for day hikes (1/2 roll in plastic bag)
  - Picaridin Insect Repellent (preferred) **(Strongly recommended) OR**  
Insect Repellent with DEET (very effective, but can damage gear) **(Strongly recommended)**
  - Fishing Pole, hooks, sinkers, bait, net. (California Fishing License if 16 years of age or older) (Suggest ultra-light pole & reel with 4lb line, #14 hooks, #3/0 split shot & salmon eggs (Pautzke's "balls of fire" brand). Berkley's Power Bait also works well. We have loaner equipment, so your own gear is not necessary unless you want your own. (Fishing Equipment & bait is available for a reasonable price at Wal-Mart, K-Mart and Big 5)
  - Spending money - (\$50 - \$70) -- Optional but nice to have for a souvenir or treat
  - Enthusiasm, A Positive Attitude and A Sense of Humor!
- It's only four nights, so pack light! There is a coin operated Laundromat on site.**

\*Please **clearly label all of your clothing with a waterproof pen. Pack all your gear into one duffel bag** and label it with your name. **PLEASE LEAVE VALUABLES AT HOME!**

**Note.....** This is not a tour-guided trip. There are no cabins or beds. All participants are required to help with routine camp duties, which include washing dishes, preparing the table, setting up camp and packing up equipment. Our staff will assist campers and supervise a variety of activities, but it is the camper's responsibility to be ready to participate at the appointed time. Meal times are tentatively set and it is the camper's responsibility to be ready at meal times if they wish to eat.